

FENG SHUI ENERGY FLOW

CHECKLIST FOR A HOME

A practical guide for smooth chi, balanced elements, and healthy movement throughout the house.

From: www.tropicalstyledesign.com

◇ 1. Main Entrance (Mouth of Qi)

The most important point of the home.

- ☐ Front door is visible and easy to locate
 - ☐ Entrance is well-lit (natural or artificial)
 - ☐ Door opens fully without obstruction
 - ☐ Shoes, clutter, or bins are not blocking chi
 - ☐ Pathway to the door is curved or gentle (not attacking the house)
 - ☐ Plants are healthy and inviting (no thorny plants pointing at the door)
 - ☐ Hinges and locks work smoothly
 - ☐ Verandah/porch feels welcoming and intentional
 - ☐ Door size is in proportion to the house (neither too small nor oversized)
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◇ 2. Housewide Chi Flow (General Movement of Energy)

- ☐ No long straight corridors pushing energy too fast
- ☐ If hallways are long → softened with art, plants, or lighting
- ☐ Chi can circulate around furniture, not get trapped
- ☐ Walkway from entrance to living area is clear and open
- ☐ Corners softened (rounded furniture, plants, décor)
- ☐ Avoid sharp or jutting objects pointing at seating areas
- ☐ Natural airflow allowed to pass freely from windows/vents
- ☐ Avoid dark, stagnant corners — add light or greenery

- ☐ Spaces feel balanced and not overcrowded
 - ☐ Use mirrors thoughtfully (never directly facing the front door)
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◇ 3. Living & Dining Areas (Social / Fire / Community)

- ☐ Sofa backed by a solid wall (command position)
 - ☐ Seating arranged to encourage conversation, not isolation
 - ☐ Avoid placing seating with back to the front door
 - ☐ Balanced lighting (ambient + task + accent)
 - ☐ Décor reflects joy, culture, and vibrancy
 - ☐ Avoid clutter on tables or around walking paths
 - ☐ Include wood or fire elements for vitality
 - ☐ Artwork uplifting, not heavy or violent
 - ☐ Flow between living → dining → kitchen is smooth
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◇ 4. Kitchen (Nourishment / Family Qi)

- ☐ Stove not directly opposite sink or fridge (fire–water clash)
- ☐ Stove not beside a window with wind blowing on it
- ☐ Cook can see the entrance while cooking (command position)
- ☐ Kitchen kept clean; clutter minimized
- ☐ Colours support nourishment (greens, yellows, earthy tones)
- ☐ Avoid placing kitchen in “Love & Relationship” corner if possible
- ☐ Place fire (stove) and water (sink) with buffers if needed

In tropical homes:

- ☐ Ventilation paths maintained for heat removal
 - ☐ Avoid smoke stagnation — good hood essential
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◇ 5. Bedrooms (Rest / Yin Energy)

- ☐ Bed has solid headboard and solid wall behind it
 - ☐ Bed not aligned directly with the door (coffin position)
 - ☐ Bed not under a window or heavy beam
 - ☐ Nightstands balanced on both sides (for couples)
 - ☐ Avoid mirrors facing the bed directly
 - ☐ Remove electronics or minimize them
 - ☐ Use calm colours (earth tones, pastels)
 - ☐ Good airflow but not direct draught on the body
 - ☐ Keep the space serene, free from clutter and storage overload
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◇ 6. Bathrooms (Water / Drainage Chi Control)

- ☐ Toilet lid stays closed
 - ☐ Bathroom door kept closed
 - ☐ Fix leaks immediately
 - ☐ Use wood/earth elements to counteract “draining chi”
 - ☐ Add plants if possible
 - ☐ Keep bathroom clean and bright
 - ☐ Mirrors and lighting uplifting
 - ☐ Avoid bathroom in the wealth corner (cure with wood items)
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◇ 7. Office or Studio (Career / Creativity)

- ☐ Desk in command position (never with your back to the door)
- ☐ Adequate natural light; avoid glare
- ☐ Inspirational artwork on the wall you face
- ☐ Remove clutter from working areas
- ☐ Include metal elements for mental clarity
- ☐ Add plants for growth and motivation
- ☐ Keep cables, equipment, and storage neatly organized
- ☐ Maintain a clear path from the entrance to your desk
- ☐ Avoid placing desk directly under a beam

Perfect for your writing, illustration, and parang music studio work.

◇ 8. Windows, Light & Ventilation (Breath of the Home)

- ☐ Windows cleaned regularly (clear vision = clear life path)
 - ☐ Cross-ventilation pathways open in key rooms
 - ☐ Avoid blocked vents or permanently closed windows
 - ☐ Curtains allow for yin/yang control (sheers + blackout)
 - ☐ Daylight allowed in; dark corners illuminated
 - ☐ Avoid hot, stagnant pockets → use plants or airflow
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◇ 9. Outdoor Flow (Yard, Driveway, Garden)

- ☐ Pathway to front door gentle + welcoming
 - ☐ No dead plants or thorny bushes attacking entrances
 - ☐ Keep drains clear and functioning (important in T&T rains)
 - ☐ Backyard chi should feel private and nurturing
 - ☐ Maintain good lighting around the house perimeter
 - ☐ Water features placed carefully (never behind the house)
 - ☐ Trees do not block the front door
 - ☐ Avoid straight driveway pointing like an arrow to the door
 - ☐ Keep bins and clutter out of sight
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◇ 10. Bagua Alignment Check

- ☐ Front door correctly aligned with the Wisdom–Career–Helpful People trine
 - ☐ Wealth corner activated with healthy wood element
 - ☐ Relationship area feels grounded, warm, and inviting
 - ☐ Fame area uplifted with light, colour, and fire elements
 - ☐ Creativity zone inspires joy & artistic flow
 - ☐ Center of the home open and breathable
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